



PACKING & PREP LIST

ALWAYS carry a few options in preparation for rain. Even on a sunny weekend, weather can change quickly in the wilderness.

ESSENTIALS



**high spf
sunscreen**



**wide brim hat
and sun shirt**



**refillable
water bottle**



PREPARE FOR COLD NIGHTS



It's better to be ready for the cold rather than wishing you had a jacket!

Fleece leggings, long johns, or sleep pants

Wool or fresh warm socks for sleeping

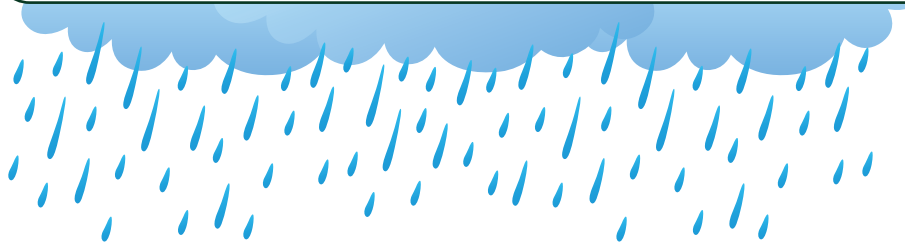
Beanie or buff to cover your ears

Jacket to wear out at night

Pair of gloves or mittens for your hands

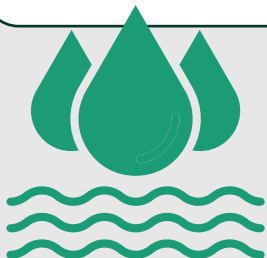
Sleeping bags, blanket, or a comforter

BE READY FOR RAIN



Bring a rain poncho or large garbage bag
An extra tarp over your tent keeps gear dry
Extra shoes and socks in case yours get wet

Arizona weather can be unpredictable, a rain storm could roll in and be gone within minutes. It's always better to be prepared just in case!



EXTRA TIP!

Drink more water than usual the day before the campout